

COMMUNITY BOATING CENTER

INDIA POINT PARK, PROVIDENCE



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Our Mission

CBC's core mission is to provide instruction and access to recreational sailing and boating for all, with an emphasis on children, without regard to financial situation. We will do so by providing programs to:

- Build self-esteem
- Broaden horizons
- Advance environmental awareness

CBC will nurture a true sense of community in which the diversity of the urban environment is respected and encouraged.

CBC Programs

CBC offers a variety of opportunities that allow the general public to experience the thrill of sailing and boating in upper Narragansett Bay.

- Inner-city youth outreach
- Youth and adult sailing lessons
- Affordable access to 60+ boats
- Kayaking for members & groups
- Paddleboard lessons & rentals
- Fleet rentals to schools/ groups
- Waterfront function room rentals
- Sailing events, meetings, parties

Quick Directions to CBC from I-95

- 109 India St., Providence, RI
- From 95 S, exit 20 (I-195 E)
- From 95 N, exit 19 (I-195 E)
- From I-195 E, exit 1A (India St.)
- Turn right on India St.
- CBC is 1st bldg. on the left

Community Boating Center

2024 Youth and Adult Registration Package

In communities across the country, non-profit, public access sailing and boating programs are making learning to sail and recreational boating affordable and accessible to ordinary folks.

The Community Boating Center (CBC) at Providence's India Point Park opened in June 1994 with a small fleet, a few docks, and a boat shed built with donated materials and volunteer labor. CBC is a true grass-roots success story. Organized and implemented entirely by volunteers, the visionary plan that the people of Rhode Island should have access to a thriving community boating program was set into action.

Today, our boathouse, 60+ sailboats, kayaks, SUPs, and dedicated membership, positions CBC as an integral component to the success and growth of Providence's waterfront revival. Founded as a non-profit 501(c)3 charitable organization, CBC offers a variety of opportunities that allow the public to experience the thrill of sailing and boating in upper Narragansett Bay.

Community Outreach

Each year children eager to get outside and targeted by CBC efforts, experienced our outreach programs. These children are primarily recruited through liaisons with structured organizations in the greater Providence area. Boys and girls from different cultures and backgrounds work together, learning tolerance, trust and respect for one another. Most importantly, these kids can continue to enjoy sailing and paddling because CBC makes it accessible and affordable.

Sailing & Paddling Lessons

CBC offers a variety of youth & adult sailing/paddling lessons that allow members to experience the thrill and challenge of sailing/paddling in upper Narragansett Bay. "Sailorships" are available for youth who meet eligibility requirements. Affordable CBC memberships allow individuals and groups to enroll in our structured lessons including FREE access to our boats for adults to continue to enjoy sailing/paddling as a lifetime recreational activity upon lesson completion.

Affordable Access

CBC also offers affordable sailing and paddling access for experienced adults who do not wish to take lessons. Qualified members may sail or kayak during open boating hours subject to weather/ equipment availability. CBC also provides access and fleet rentals to local schools. Additionally, CBC offers waterfront function room rental for meetings, parties, or special events.

2024 Youth and Adult Sailing & Paddling Season

- Youth After-School Sailing & Paddling Season runs 5/20 6/13 (spring) & 9/09 -10/03 (fall)
- Youth Summer EcoAdventure and Sailing Camps run from 6/17 8/16.
- Adult Summer Lesson Season runs from 5/28 9/26.
- Experienced adults may take a checkout test to qualify to sail or paddle boats in our fleet.
- Qualified adults (& friends) may sail or kayak during open boating at no additional cost.
- Paddleboard lessons and rentals are available from 6/21 10/04, 4:00 7:00 pm.
- Adult recreational sailing/kayaking runs 5/28-10/13, 1-7 pm Sat & Sun, 4-7 pm Mon-Thurs.
- All open boating hours are subject to weather, availability, and program usage.

2024 Youth and Adult Registration Materials Enclosed

Please visit www.communityboating.com for the latest, updated CBC schedules and news.



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Please print only as needed. Reduce, Reuse, Recycle (share with a friend) Thank you!



COMMUNITY BOATING CENTER

INDIA POINT PARK, PROVIDENCE

Spring/Summer 2024

Dear Boating Enthusiast,

On behalf of CBC, I would like to extend our sincere thanks for your interest in joining or returning to our program. Welcome! There has never been a more important time to offer healthy, outdoor activities to relieve stress, socialize, and provide much-needed fun, learning structure and exercise.

Junior Instructor/ Racing Summer Program

CBC rising stars are invited to race and train as Junior Instructors. Friendly, fun, and fast racing is the best way to advance sailing skills. Racers learn tips to establish competitive sailing as a lifelong interest.

Paddleboard Lessons and Rentals

New to paddleboarding? Join us for some basic instruction and a guided tour. SUP lessons and tours offer youth & families a healthy, active alternative to TV, video, and other indoor, static activities. Available to adults age 18+ (youth 12+ can paddle with and accompanying adult) three-hour, evening rentals available during our summer season.



US Sailing National Accreditation

"Your resources and educational opportunities have distinguished you as one of the best Community Sailing Centers in the country and a perfect fit for our network..."

No Experience Necessary

Harness the power of the wind or a paddle to get outside, embrace the environment, learn new skills, and meet a diverse group of people. Sailing and paddling may not be for everyone, but at CBC they're available for **anyone** up for the challenge.

STEM Sailing "Center of Excellence"

CBC is the first "Center of Excellence" and national model for US Sailing's "Reach" initiative. CBC hosts mentoring events and provides professional learning to a NE Hub of environmentally focused STEM (Science, Technology, Engineering, Math) programs.

Engaging, Hands-On Youth Programs

Our after-school sailing, paddling, and "Reach" STEM education classes are full of hands-on fun with a splash of science. Our Summer Camps offer age groups of 8-11 and 12-16 an exciting and memorable way to enjoy summer in the Ocean State. Youth 12-17 may also be offered instructor training opportunities. "Sailorships" are available for reduced and free sailing and paddling.

Affordable Adult Memberships

CBC adult memberships allow anyone access to our fleet of sailing dinghies and kayaks upon completion of lessons or a simple checkout test. Plus, you can bring friends, family or anyone (age 5+) FREE to share the wind, or show-off your paddling skills.

Please feel free to contact me at 401.454.SAIL (7245) or johnof@communityboating.com with any questions that you may have. Our continued success is ensured only by our ability to enable a cohesive effort to make the Providence waterfront accessible to a broad base of sailors and paddlers for generations to come. We look forward to seeing you on the water. Thank you again.

Cheers.

John O'Flaherty Executive Director

P.S. - Sign-up for "CBC NEWS" and stay connected to CBC at www.communityboating.com

We Need Your Help!

CBC is a 501(c)3 charitable organization. In order to achieve our goals, we must depend on individual support, corporate donations, and public and private grants to help maintain our youth outreach programs, growing fleet, and safe operating facilities. Your donation is tax deductible to the extent provided by law. The Community Boating Center is having an impact far beyond its stated mission. We hope you share our vision, see the possibilities, and will provide the means to help us grow. Thank you!



CBC Annual Fund - Individual Support

Our annual fund challenges you to support our youth outreach efforts to ensure an exciting summer of sailing & paddling for deserving youth.

Friend - \$25+

Help provide support and learning materials like classroom supplies, trophies, and awards for our eager learners.

Guardian - \$50+

Ensure the continued safety of our programs with the purchase of items like life jackets for our youth sailors.

Supporter - \$100+

Join the growing contributors helping support our vision of utilizing sailing and paddling as a medium to positively engage at-risk youth.

Sponsor - \$250+

Help put a deserving student on the water and a smile on his/her face with a donation toward a "Sailorship" for our youth Summer Camp.

Patron - \$500+

Enable a local organization of inner-city youths to discover sailing and paddling by funding a single-day outreach experience.

CBC AfterGuard - Support Network

Help us steer a proper course and ensure our long-term success!

Chairperson's Challenge - \$1000/ year (multi-year available) Join the impact CBC is having on Providence's waterfront revival.

Boat Benefactor - \$2,500 - \$7,500/ boat (multi-year available) Buy a new boat or share the cost to help put more sailors on the water. Includes a boat-mounted nameplate inscribed with your message.

Program Patron - \$10,000+ (sailing, racing, environmental) Underwrite the cost of a seasonal CBC group outreach program to provide inner-city youths with a safe, healthy activity.

Season Sponsor - \$20,000+ (exclusive naming rights/ opportunities) Provide "Sailorships" for a full season of sailing for at-risk youths. Choose our EcoAdventure, KidSail or TeenSail program.

Renaissance Regatta - Our Big Event!

Renaissance Regatta is CBC's signature annual fundraiser.
Renaissance Regatta & Celebration features an end-of-season, summer camp awards ceremony & reception.

All CBC Sailing/EcoAdventure campers from all sessions, adult members, friends, family (sail with your child!), guests & sponsors from the entire summer are invited! Attendees can watch youth race sailboats, kayaks, and SUPs followed by an awards ceremony. Ticket purchase includes appetizers (food truck available), adult beverages, & sailboat rides for campers, family (sail with your child!), and friends! Additional support opportunities include a race spectator boat, raffle, auction and Upper Bay powerboat tours.

REGATTA FACTS

WHAT.

2024 Renaissance Regatta

- "FUN" youth small sailboat, SUP, kayak races
- Spectator and Upper Bay powerboat tours available
- FREE sailboat rides hosted by CBC youth sailors
- Open Bar/appetizers (food truck available)
- Youth Regatta and season superlative award ceremony

WHEN:

Thursday, August 1st, 2024

3:30 pm
4:00 - 5:00 pm
4:00 - 5:00 pm
4:00 - 5:00 pm
5:15 - 6:00 pm
5:00 - 6:00 pm
5:00 - 7:00 pm
6:30 - 7:00 pm
Registration/ check-in
Youth sailboat, SUP, & kayak racing
Race spectator boat available
Upper bay powerboat tour available
Sailboat rides (sail with your child!)
Open bar/apps (food truck available)
Regatta/ season superlative awards

WHERE:

Community Boating Center, 109 India Street, Providence, RI 02903 (India Point Park), 401-454-7245, www.communityboating.com

WHY:

Help us meet our goal of \$36K to sponsor inner-city youth sailors for a safe, fun summer on the water - Thank you!

SPONSORSHIPS:

Admiral's Club: \$5,000
Captain's Club: \$3,000
Commander's Club: \$2,000
Lieutenant's Club: \$1,000

Ensign's Club: \$500

https://www.communityboating.com/support/renaissance-regatta/

TICKETS:

- FREE for campers (any session) who race in the regatta!
- \$40 for CBC parent/guardian or CBC member (\$50 at door)
- \$50 for non-members (\$60 at door)
- https://www.communityboating.com/support/renaissance-regatta/

Contact: Send your check or call for MasterCard/ Visa donation. Community Boating Center, PO Box 5849, Providence, RI 02903 John O'Flaherty, Executive Director (401) 454-SAIL (7245), johnof@communityboating.com

Sailing & Paddling in Providence!

Rhode Island's greatest natural resource is Narragansett Bay. For generations it has been regarded as one of the best boating areas in the world. Unfortunately, most Rhode Islanders of average means have only been able to enjoy the bay from ashore. The Community Boating Center (CBC) in Providence is changing all that. It makes good sense for the Ocean State to have a program that makes sailing and boating accessible and affordable to all while encouraging environmentally appropriate use of the upper bay. It makes good sense for CBC to continue Rhode Island's rich seafaring tradition by helping restore Providence's waterfront to the center of activity it once was. It makes great sense to ensure children are foremost in our plans.

After-School Sailing/Paddling

How To Sign-Up

Our custom, after-school adventures are designed for youth or schools and groups to use our facility as a waterfront classroom.

Register online: www.communityboating.com

A) Select a Youth Membership

Membership is required for individual after-school lessons. Swimming proficiency (50 yrd.) required. Attestation included in online waiver. <u>- Youth</u> - \$25, 1 youth age 8-16.

B) Choose Class/Complete Application

Your link to affordable boating is ready to go. Mail your form today!

C) School Group? - Contact CBC

Please contact us to learn more and check availability and pricing.

- 401-454-SAIL (7245), info@communityboating.com
- www.communityboating.com/contact-custom-program/

After-School Adventures - Get Out!

Get outside with this fresh air, on-the-water adventure. You'll explore the Upper Bay with your friends sharing the water with tankers, tugboats, and other waterfront resources!

- On-the-water, taught in sailboats, kayaks, & paddleboards!
- Prerequisite: CBC membership, Ages 12-16
- Course goal: Safe, fun after-school activity
- Course fee: \$365*

Session	Class	Dates	Days	Times
Spring	ASA-T1**	5/20 - 6/12	M/W	4:00 - 6:00 pm
Spring	ASA-T2	5/21 - 6/13	T/Th	4:00 - 6:00 pm
Fall	ASA-T3	9/09 - 10/02	M/W	4:00 - 6:00 pm
Fall	ASA-T4	9/10 - 10/03	T/Th	4:00 - 6:00 pm

^{*}School/group rates available.**ASA-T1 no class 5/27 (Memorial Day)

Sailing Through Science – STEM Sailing

STEM (Science, Technology, Engineering, Math) at CBC serves as a national model in piloting and developing STEM content with US Sailing, the national governing body of sailing, in the "Reach" STEM program*

- Classroom & on-the-water, Limit 18, twice/wk for 3 weeks
- Prerequisite: Pre-registration through organized youth group
- Course goal: Supplemental STEM education through sailing
- Course fee: \$TBD

Session	Class	Dates	⊔ays	Times
All	STM-Y1	5/28 - 10/17	TBD	3:00 - 6:00 pm

^{*}Learn more a https://www.ussailing.org/education/youth/reach/

Sailing Sampler - Youth Outreach

Have your youth group experience sailing in Providence. Nothing beats summer sailing in the Ocean State.

- On-the-water, taught in sailboats, kayaks, & paddleboards!
- Prerequisite: Pre-registration through organized youth group
- Course goal: Taste of sailing
- Course fee: TBD

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Session	Class	Dates*	Days	Times
Summer	SAM-Y1	6/24 - 8/16	TBD*	10:00 am - Noon
Summer	SAM-Y2	6/24 - 8/16	TBD*	1:00 pm - 3:00 pm

^{*}Single/multi-day to be scheduled with CBC.



CBC parent: "Everyone was wonderful. (My child) grew a lot, was challenged and accepted. Instructors were very nice and helpful."

Summer Camp Registration

How To Sign-Up

Designed for student comfort and flexibility, our multiple sessions and personal skill evaluations allow your child to jump right in or sign-up with friends of any skill level, in any session, all season long.

Register online: www.communityboating.com

A) Select a Youth Membership

Membership is required to take summer lessons. Anyone can join! Swimming proficiency (50 yrd.) required. Attestation included in online waiver. <u>- Youth</u> - \$25, 1 youth age 8-16.

B) Choose a Class

Our many sessions make it easy to create a custom learning schedule, or mesh with your family, work, or vacation plans.

C) Complete Application

Your link to affordable boating is ready to go. Mail your form today!

Sailorships

"Sailorships" for reduced tuition are offered to qualified youth.

Application forms available at www.communityboating.com or CBC.

Junior Instructor/ Racing (ages 12-17)

CBC rising stars are invited to race and train as Junior Instructors. Friendly, fun, and fast racing is the best way to advance sailing skills. Racers learn tips to establish competitive sailing as a lifelong interest.

- On-the-water, taught in RS Zests
- Prerequisite: Invite Only Director approval, Ages 12-17*
- Course goal: Speed
- Course fee: \$775 (meets 5 days/ wk. for 2 weeks)

Session	Class Dates	Days	Times
Summer	RAC-Y1**6/24 - 7/05	M-F	8:30 am - 3:30 pm
Summer	RAC-Y2 7/08 - 7/19	M-F	8:30 am - 3:30 pm
Summer	RAC-Y3 7/22 - 8/02	M-F	8:30 am - 3:30 pm
Summer	RAC-Y4 8/05 - 8/16	M-F	8:30 am - 3:30 pm

- *Youth 16-18 can join our adult lessons or inquire about instructor training.
- **RAC-Y1 no class 7/4 (4th of July)
- ***Swimming proficiency (50 yrd.) required. Self-attestation included in online order.

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^{**}Swimming proficiency (50 yrd.) required. Self-attestation included in online order.

There's never been a more important time to offer healthy, outdoor activities to relieve stress, socialize, and provide much-needed fun and exercise. CBC camps allow your child to learn an exciting new sport, advance his/her skill level, meet new kids, or just experience the fun & learning opportunities that only sailing/paddling have to offer. Non-sailors may ask, "why sailing?" when Providence already has organizations that offer a variety of youth sports and recreational programs. There are few (if any) activities that teach so many important virtues and lessons about life the way sailing does.



EcoAdventure Camps - 1 week

Fun, flexible, one-week format, daily sailing and paddling adventures. Through guided excursions and hands-on experiments, we'll explore how environmental choices we make on land affect our impact on the sea. We embrace the science of the sea, help protect it from seen and unseen threats, and learn how current behavior affects future outcomes.

EcoAdventure Skills Progression

Name	Green Focus	Description			
LandLubber	Terra firma	Landlocked			
SeaSteward	Environment	Choices on land impact the sea			
WaterWatcher	Sea Science	Water covers 70% of our blue planet			
SailingStar	Climate	Global climate affects local sailors			
Instructor	Career	Environmental mentoring & careers			
Ambassador	Advocacy	Protecting the waters we sail on			
*Instructors evaluate skill levels each session for advancement to the next level					

EcoAdventure Summer Camp (two age groups)

Join the fun & adventure with daily sailing, kayaking, or paddleboarding. We'll take long-distance picnic cruises, enjoy fun on-the-water games & scavenger hunts, and experience hands-on environmental lessons.

Most students require at least two, 1-week sessions per level prior to advancing.

- On-the-water, in 14' sailboats, kayaks, & paddleboards!
- Prerequisite**: CBC membership, Age groups 8-11 & 12-16
- Course goal: Flexible, 1-week schedule of water adventures
- Course fee: \$365 (meets 5 days/ wk. for 1 week only)

Class	Class	Dates	Days	Times
(age 8-11)	(age 12-16)			
ECO-Y1	ECO-T1	6/17 - 6/21	M-F	8:30 am-3:00 pm
ECO-Y2	ECO-T2	6/24 - 6/28	M-F	8:30 am-3:00 pm
ECO-Y3*	ECO-T3*	7/01 - 7/05	M-F	8:30 am-3:00 pm
ECO-Y4	ECO-T4	7/08 – 7/12	M-F	8:30 am-3:00 pm
ECO-Y5	ECO-T5	7/15 – 7/19	M-F	8:30 am-3:00 pm
ECO-Y6	ECO-T6	7/22 - 7/26	M-F	8:30 am-3:00 pm
ECO-Y7	ECO-T7	7/29 - 8/02	M-F	8:30 am-3:00 pm
ECO-Y8	ECO-T8	8/05 - 8/09	M-F	8:30 am-3:00 pm
ECO-Y9	ECO-T9	8/12 - 8/16	M-F	8:30 am-3:00 pm
*ECO-Y3 & EC	O-T3 no class 7/4	(4th of July)		•

**Swimming proficiency (50 yrd.) required. Self-attestation included in online order.

Note - Inclement Weather Considerations (all CBC youth programs):

We all know it's not easy running a summer camp but we're thrilled to get your children out of the house and on-the-water. When the sun is shining, sailing/paddling in the Ocean State is hard to beat. However, all-day storm events can be challenging for our indoor capacity. If you can keep your child home on bad weather days (forecast at least a day ahead) we would appreciate your flexibility in helping us reduce the number of youth on-site. We understand this is not ideal, & may not be possible for some families, but appreciate your help & understanding.



Learn To Sail Camps - 2 weeks

Hands-on, intensive, & fun two-week format, small boat sailing lessons. Sailing requires an unmatched mix of physical skills, intelligence, sound judgment, self-reliance and responsibility for vessel, crew and self. We ensure students enjoy the challenge and fun of sailing and instill the principles of sportsmanship, leadership, & self-reliance in all of our youth.

Learn To Sail Skills Progression

Color	Sail Focus	Description
N/A	Terra firma	Landlocked
Green	Wind	"Green" beginner intro to power of wind
Blue	Water	Upwind sailing, navigation, seamanship
Yellow	Sun	Sail trim and go-fast performance tips
Orange	Teaching	Giving back by sharing passion for sailing
Red	Racing	Competitive sailing as a life-long interest
** * *		

*Instructors evaluate skill levels each session for advancement to the next level. Most students require at least two, 2-week sessions per level prior to advancing.

KidSailsM Summer Sailing Camp (age 8-11)

We use kid-sized boats, fun games, and lots of encouragement in a progression from basic instruction to more refined sailing skills.

- On-the-water, taught in sailboats, kayaks, & paddleboards!
- Prerequisite**: CBC membership, Age 8-11
- Course goal: Introduction to sailing & paddling
- Course fee: \$775 (meets 5 days/ wk. for 2 weeks)

Session	Class	Dates	Days	Times
Summer	KDS-Y1*	6/24 - 7/05	M-F	8:45 am - 3:15 pm
Summer	KDS-Y2	7/08 - 7/19	M-F	8:45 am - 3:15 pm
Summer	KDS-Y3	7/22 - 8/02	M-F	8:45 am - 3:15 pm
Summer	KDS-Y4	8/05 - 8/16	M-F	8:45 am - 3:15 pm
*KDS-Y1 no	class 7/4 (4th o	f July)		·

**Swimming proficiency (50 yrd.) required. Self-attestation included in online order.

TeenSailsM Summer Sailing Camp (age 12-16)

Empower your teen to skipper a 14' boat on their own and watch their confidence soar! Advanced sailors may be invited for instructor training.

- On-the-water, taught in 14' sailboats, kayaks, & paddleboards!
- Prerequisite**: CBC membership, Ages 12-16**
- Course goal: Sailing & paddling confidence
- Course fee: \$775 (meets 5 days/ wk. for 2 weeks)

Session	Class	Dates	Days	Times
Summer	TNS-Y1*	6/24 - 7/05	M-F	9:00 am - 3:30 pm
Summer	TNS-Y2	7/08 – 7/19	M-F	9:00 am - 3:30 pm
Summer	TNS-Y3	7/22 - 8/02	M-F	9:00 am - 3:30 pm
Summer	TNS-Y4	8/05 - 8/16	M-F	9:00 am - 3:30 pm

*TNS-Y1 no class 7/4 (4th of July)

- **Advanced students may be invited for instructor training. ***Swimming proficiency (50 yrd.) required. Self-attestation included in online order.

Connecting the City and the Sea

CBC is the only Rhode Island program north of Newport that offers the general public boating lessons and access to boats for recreational sailing and paddling. Members can use sailboats or kayaks on evenings and weekends for a very affordable seasonal fee. An active boating program at India Point Park also adds to the quality of city life and helps advance Providence's image as a waterfront city. Charleston, Boston, San Francisco and our own Newport are good examples of the positive impact a bustling waterfront can have on tourism and residential life. Join us today!



Sail or paddle Sat-Thurs. for one, all-inclusive, affordable seasonal fee. Join CBC today and get you or your family outside and on-the-water.

How To Sign-Up

A) Choose an Adult Membership

Membership is required to take lessons and/or enjoy recreational sailing or kayaking. Challenge tests are available for skilled boaters.

Register online: www.communityboating.com

Adult Membership Benefits

- Eligibility to take lessons or skills challenge test
- FREE sailing/kayaking, Sat-Thurs. (Fridays private lessons only)
- Season: 5/28-10/13, 1-7 pm Sat & Sun, 4-7 pm Mon-Thurs.
- Paddleboard rentals. (CBC members, rent 2 boards get 3rd free!)
- Discount function room rental
- No boat purchase, maintenance, storage, upkeep, rental fees

Adult Memberships

- Trial/Guest \$75 (1-day only sailing, or up to 2 kayaks/day)
- Individual \$195* (Full season of sailing/kayaking, family FREE)
- **Group \$TBD**** (10+ adults = -10% mbr. fee, 20+ = -20%)
- Corporate \$1,500 yr. (3 yr. pledge, <30 employees)

*Disc.: Prov. resident -\$10, student (age16-23) & senior (65+) -\$20 **Group mbr. disc. only - classes separate, single payment required)

B) Choose a Class

Our multiple sessions make it easy to create a custom, learning schedule or mesh with your family, work, or vacation plans. (Experienced boaters may take a "Challenge Test" in lieu of lessons)

C) Complete Application

Your link to affordable boating is ready to go. Mail your form today!

Private Lessons

Available at \$75/ hr. with a required two-hour min./session for sailing* Each session is tailored to your unique needs. Suggested topics:

- Learn-to-Sail Flexible schedule to help live your sailing dream
- <u>- Paddling Basics</u> Intro to sit-on-top kayaks and paddling strokes
- Refresher Jump start your season with a rigging/sailing review
 *All private lessons must be scheduled with the Program Coordinator.

Membership Benefits!

Experience these opportunities to advance your skills as you enjoy the experience of our friendly staff and fellow members.

Recreational Sailing

One low price, unlimited use, guests FREE - what are you waiting for? Newbies can sign-up for lessons. Old salts can take a challenge test. Adults (age 18+) may sail alone*, or with friends/family (age 5+).

- 14' Quests, Zests, Laser Picos, Hobie Waves, more...
- Prerequisite: Beginner Sailing I or Challenge Test, Age 18+
- Goal: Affordable, recreational small boat sailing
- Fee: No boat rental fees

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Season	Dates	Days	Times		
2024	5/28-10/13	Sat-Thur	1-7 pm weekend, 4-7 pm weekday		
*Some boats require 2+ sailors for balance.					

Recreational Kayaking

The simplicity of kayaking as an entry-level sport for anyone makes it attractive to get outside, get moving, and embrace a healthy lifestyle. FREE recreational kayaking is included with adult memberships! Paddle 1 day as a trial/guest member, or all season, +1 FREE guest! We want you to go with family/friend - you get up to 2 kayaks/trip.

- Sit-on-top 10' single & 14' double kayaks
- Prerequisite: Challenge Test, Paddle Buddy, Age 18+
- Goal: Affordable recreational kavaking
- Fee: No boat rental fees

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Season	Dates	Days	Times		
2024	5/28-10/13	Sat-Thur	1-7 pm weekend, 4-7 pm weekday		

Paddleboard Rental

Age 18+ (age 12+ may paddle w/ adult) Three-hour, evening rentals.

Session	Cost	Days/ Times
Summer	\$20**	M-Thurs 4-7 pm, Sat & Sun, 1-7 pm
*See our Paddle	shoard laced	one offered on Wednesday evenings on next nac

Challenge Tests

All members must pass an on-the-water skills test to sail or paddle each type of boat* you wish to use. Students will be evaluated in class.

- On-the-water, boat of your choice (*excluding keelboats)
- Prerequisite: Proficiency (pre-screening evaluation given)
- Goal: FREE quick check-out for experienced boaters

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Class	Dates	Days	Times
CHG	5/28 - 10/13	Weekends	1:30, 3:30, & 5:30 pm

#### **Mini-Courses**

Join us for a weekly review of gear, rigging, and basic boat handling including tacking, gybing, starting, stopping, docking, rules, and safety.

Prerequisite: CBC membership

Fee: \$40 (check weekly postings for topics) Class **Dates** MIN 6/26 - 8/14Wednesday (1-day) 4:00 - 5:00 pm

^{**}CBC members, rent 2 boards get 3rd free!



# **Beginner Sailing I**

Enjoy an Ocean State sailing adventure – right in your own backyard! Have fun, learn a lifetime skill, and meet new people. If you enjoy the outdoors, wind in your face, and the sound of moving water, this class is your link to the sailing world. Learn safety, rigging, sail trim, & steering. Once confident in sailing basics, you're ready to advance to Beginner II.

- On-the-water, taught in 14' RS Quests
- Prerequisite: CBC membership, enthusiasm
- Course goal: CBC Green rating

Course fee: \$385 (meets 2 days/ wk. for 3 wks.)

Class	Dates	Days	Times
BG1-A1	5/28 - 6/13	T/Th	6:00 – 8:00 pm
BG1-A2	6/17 - 7/03	M/W	6:00 – 8:00 pm
BG1-A3	7/09 - 7/25	T/Th	6:00 – 8:00 pm
BG1-A4	7/29 - 8/14	M/W	6:00 – 8:00 pm
BG1-A5	8/20 - 9/05	T/Th	6:00 – 8:00 pm
BG1-A6	9/09 - 9/25	M/W	6:00 – 8:00 pm

# **Beginner Sailing II**

Progress from basic to more refined sailing skills. The core, underlying approach in all classes is to ensure students enjoy both the challenge & fun of sailing and to instill the principals of sailing safety, confidence, and self-reliance. We'll reinforce basics learned in Beginner I, & master the skills of upwind sailing, boat handling, and heavy-air techniques.

- On-the-water, taught in 14' RS Quests
- Prerequisite: CBC membership, Beginner I
- Course goal: CBC Blue rating
- Course fee: \$385 (meets 2 days/ wk. for 3 wks.)

Class	Dates	Days	Times
BG2-A1*	6/18 - 7/02	T/Th	6:00 – 8:00 pm
BG2-A2	7/08 - 7/24	M/W	6:00 – 8:00 pm
BG2-A3	7/30 - 8/15	T/Th	6:00 – 8:00 pm
BG2-A4	8/19 - 9/04	M/W	6:00 – 8:00 pm

*BG2-A1 no class 7/4 (4th of July). Make-up date TBD.

#### FastTrack I - Weekend Beginner Class

This one-day accelerated class is a more intense version of Beginner I, introducing new sailors with limited time to day sailing skills. This full day session is your passport to hit the water fast. Breaks for lunch & demos.

- On-the-water, taught in 14' RS Quests, class limit 6
- Prerequisite: CBC membership, busy schedule
- Course goal: Fast Track to CBC Green rating
- Course fee: \$450 (meets 1 full day max. personal attention)

Dates	Days	Times
6/22	Sat. (1-day)	9:00 am - 6:00 pm
7/06	Sat. (1-day)	9:00 am – 6:00 pm
7/20	Sat. (1-day)	9:00 am – 6:00 pm
8/03	Sat. (1-day)	9:00 am – 6:00 pm
8/17	Sat. (1-day)	9:00 am - 6:00 pm
8/31	Sat. (1-day)	9:00 am – 6:00 pm
	6/22 7/06 7/20 8/03 8/17	6/22 Sat. (1-day) 7/06 Sat. (1-day) 7/20 Sat. (1-day) 8/03 Sat. (1-day) 8/17 Sat. (1-day)



#### Stand-Up Paddleboards

Community Boating Center (CBC) is thrilled to complement the success of our sailing and kayaking initiatives with paddleboarding.

This engaging enhancement capitalizes on the popularity of paddling and its ease of participation to provide adults, youth, and families with a direct connection to and awareness of their impact on the environment.

Paddling is a growing and popular recreational activity. The simplicity and acceptance of paddling as an entry-level sport for anyone, makes it an important medium to attract urban adults, youth, and families to get outside, get moving, and embrace a healthy lifestyle. Our paddling initiative complements the success of our other sailing programs and offers an active alternative to television, video, and other static activities detrimentally impacting the health of Providence area residents.

Adult fees for our paddleboard lessons and rentals are used to purchase more paddleboards that enable us to serve additional youth – at one-tenth to one-twentieth of the cost of adding a similar number of sailboats to our fleet. Additionally, with your help we hope to realize further growth in our paddling programs with our summer and after-school partners.

# **Stand-Up Paddleboard Lessons**

New to paddleboarding? Join us for some basic instruction and a guided tour. SUP lessons and tours offer adults, youth & families a healthy, active alternative to TV, video, and other indoor, static activities.

- On-the-water, taught on 11', very stable, BIC SUPs
- Prerequisite: CBC membership, Age 12+
- Goal: Guided introduction to SUP
- Fee: \$35* (meets 1 day)

Class	Dates	Days	Times	
SUP-F1	6/26	Wed. (1-day)	5:30 - 7:00 pm	
SUP-F2	7/10	Wed. (1-day)	5:30 - 7:00 pm	
SUP-F3	7/24	Wed. (1-day)	5:30 - 7:00 pm	
SUP-F4	8/07	Wed. (1-day)	5:30 - 7:00 pm	
SUP-F5	8/21	Wed. (1-day)	5:30 - 7:00 pm	
SUP-F6	9/04**	Wed. (1-day)	5:30 - 7:00 pm	

Note: *Special group available. **Additional dates may be scheduled upon demand.

# **Stand-Up Paddleboard Rentals**

Age 18+ (age 12+ may paddle w/ adult) Three-hour, evening rentals.

- On-the-water, 11', very stable, BIC SUPs
- Prerequisite: CBC membership, Age 12+
- Goal: Convenient, affordable SUP
- Fee: \$20 (one 3-hour rental) or \$100 (one season pass)

ltem	Item	Cost	Days/ Times
SUP-RT	3-hour Rental	\$20	M-Thurs 4-7 pm, Sat & Sun, 1-7 pm
SUP-SP	Season Pass	\$100	M-Thurs 4-7 pm, Sat & Sun, 1-7 pm

# **Frequently Asked Questions**

# **How Does Community Boating Center Work?**

CBC is a 501(c)3 non-profit offering outreach, lessons, and affordable access to Narragansett Bay. Adults join as a member, take lessons (or challenge test), sail and kayak all season for no extra fee, and take family (age 5+) FREE! Youth sail in supervised classes or events.

#### Do You Offer Financial Assistance?

"Sailorships" are available for all CBC youth programs. Get a separate application form (required) at www.communityboating.com or CBC.

#### How Do I Sign Up For Lessons?

Anyone can join. You don't need any experience to take our Beginner classes. Experienced sailors may choose our more advanced classes.

#### How Do I Take A Challenge Test?

A skills checkout test is required for each boat class you wish to use. The test is required of all members to participate in CBC open sailing or paddling. Tests given weekends, in-season, 1:30, 3:30, & 5:30 pm.

#### How Do I Get To Community Boating Center By Car?

We are located at 109 India Street, Providence (India Point Park) From I-95 North – Take exit 19, I-195 East From I-95 South – Take exit 20, I-195 East

# From I-195 East

- Take exit 1A (old exit 2), India Street
- Turn right onto India Street (follow sign to "Boating Ctr.")
- CBC is first building on left. (green roof, raised pilings)

#### From I-195 West

- Take exit 1C (old exit 2), South Main St.
- Turn left onto Pike Street (immediate)
- Turn left onto South Water St. Stay in right lane under highway
- Turn left onto India Street
- CBC is next building on right. (green roof, raised pilings)

# How Do I Get To CBC By Bus Or Trolley?

- Take Bus #34 or Green Line Trolley #92 to Wickenden St.
- Walk over India Point footbridge to India Point Park
- At park, turn right, walk .1 miles. (CBC is first building on water)

## Can My Child Arrive By Launch Or On A Bicycle?

Parents/guardians are required to fill out the Child Pickup Authorization on the application and may indicate if a child will be arriving/departing other than by car, or by someone other than the parent/guardian.

#### Do You Sail If It's Raining?

Classes are held in all kinds of weather - even rain. In the event of a threat of severe storm or hurricane, class participants will be called at home, and informed of the decision to cancel class.

#### What If I'm Late Or Sick?

Please call 401-454-SAIL (7245) and let us know you will be late or out for the day, so that the class Instructor can be informed.

#### What if I Have Special Needs Or Medications?

Please indicate special needs, learning differences, or medication(s) on your application. You may also speak with the Director or Instructor with concerns or input to ensure a positive experience at CBC.

## Who Should I Talk To With A Concern Or Issue?

The class Instructor should be your first stop for resolving daily issues. Serious concerns may be brought to the Director. The best time to talk is at the end of class. Otherwise, please call to schedule a follow-up.

## What If My Child Is Reluctant To Come To Class?

Fear, an incident with a classmate, or simply being tired can affect a student's drive to attend class. Our instructors are trained to help motivate students to get out on the water and have fun. Ask us to help.

# What If My Child Gets Hurt?

Any time an instructor administers first aid, an injury report will be completed. A slip indicating the nature of the injury and the treatment that was given will be sent home with the student.

CBC has developed a rating system to ensure that each member participating in recreational boating is qualified to handle the appropriate boat and weather conditions commensurate with his/her sailing experience. CBC uses on-the-water checkout tests and a visual, green/ red flag system to indicate daily sailing and paddling conditions on the water.

#### What Are The CBC Adult Sailing Skill Levels?

How Does The CBC Rating System Work?

Our standardized skill levels ensure that you get the most from your sailing experience. CBC instructors will evaluate your skill level and help refine your personal sailing plan. Once confident and capable in skills required of each category, you will be recommended to advance to the next level.

Level	Color	Name	Interest	Wind Zone
0	N/A	LandLubber	Terra firma	N/A
1	Green	Beginner	Mainsail Only	0-6 knts.
2	Blue	Intermediate	+Jib, >Range	0-10 knts.
3	Yellow	Advanced	Performance	0-16 knts.
4	Orange	Instructor	Teaching	0-21 knts.
5	Red	Racer	Speed	0-21 knts

#### 1 - Green, Beginner

Our "green" beginners respect the power of the wind and know the basic skills of sailing. This level requires proficiency in safety, seamanship and boat handling in winds to 6 knots velocity. Students must demonstrate skills in nomenclature, rigging, sail handling, and steering a course.

#### 2 - Blue, Intermediate

Intermediate sailors have a deep respect for the ocean blue. They have reinforced basics and continue to master the skills of upwind sailing, proper docking and sailing a triangular course. Includes special privileges required to sail with a jib and for extended range sailing at CBC.

#### 3 - Yellow, Advanced

Advanced CBC sailors focus on theory, advanced trim, docking, and safety techniques on performance boats designed to challenge even the most advanced sailing appetite. This higher learning achievement offers the coveted privilege to sail CBC performance sailboats.

#### 4 - Orange, Instructor

Teaching is the ultimate way to give back to the sport. Sailing is for all kinds of people – not just racers. Those who share their passion for wind and sea and master the mechanics of a complex sailing vessel are rewarded with a new sense of self worth and pride in accomplishment.

# 5 - Red, Racer

Friendly, fun, and fast racing is the best way to advance boat-handling skills and learn from others. Racers can demonstrate starts, tactical tips, and winning strategies to relish competitive sailing as a lifelong interest.

# What is the Green/ Red Flag System?

A green flag indicates that no restrictions are present and that members may sail or paddle according to the level and boat they have previously qualified in.

A red flag indicates that there are restrictions currently present due to weather or equipment limitations. Each member must check the posted restrictions prior to sailing or paddling. Less experienced members may not be permitted to sail or paddle on some red flag days.

Common restrictions include cancellation due to high wind or waves, or limits to the open boating area due to weather or boat traffic. Please understand that these restrictions are designed for your safety. If you have questions, please ask the dock staff how to best enjoy your next experience. We want you on the water as much as you want to be there!

#### What Is Your Cancellation Policy?

Membership fees are non-refundable. Class cancellations received prior to two weeks before the start of class and filled with other applicants will incur a \$30 administrative fee and the remaining balance will be refunded. Class attendees will not be reimbursed for missed classes.

#### What Types Of Boats Do You Use?

Our current fleet consists of a broad range of boats designed to make sailing & boating fun and affordable for our varied instructional classes and membership interests. CBC instructors will evaluate the skills and experience of each student, considering factors like size and agility, in determining which boat and group is most appropriate for you.

CBC instructors typically teach onboard beginner sailboats until students have progressed to a point where they can teach from a safety/powerboat. Advanced classes allow instructors to encourage independence by teaching from safety/powerboats almost exclusively.

#### **Paddleboards**

Our 11' BIC SUPs offer an ultra-stable platform equally suited for first-timers, family fun, fitness, yoga, or whatever your next SUP adventure may be. The unique 'hybrid' design features a keeled nose for excellent tracking and full rail-to-rail volume for enhanced stability.

#### Kayaks

Our sit-on-top kayaks offer great stability, ease of use, and minimal training to get you or your family out on the water fast. With no enclosed cockpit, paddlers do not need to learn the "Eskimo roll" or worry about pumping out accumulated water after an accidental flip. Sit-on-tops are the preferred choice of beginner paddling programs.

#### **RS Quest**

The 14' RS Quest was developed specifically as a training boat. It features a self-draining cockpit and a super-stable hull to give maximum security and safety. It feels considerably bigger than its size with a large cockpit for up to four - great for training and family sailing.

#### **RS Zest**

The 11' RS Zest delivers the stability of a much larger boat. Easy to single hand for adults, with room for 2-3 youth, the RS Zest is an ideal solution for camps, club programs, and families. This is a boat to get kids & adults onto the water and into the wonderful world of sailing.

#### Laser Pico

The Laser Pico is a fun, durable, confidence inspiring, roto-molded boat that can be sailed by everyone. It's ideal for entry-level sailors and is equipped with a removable jib and reefing main sail for easy rigging.

#### **Hobie Wave**

The Hobie Wave is an easy- to-sail, easy-to-rig speedster that will have you smiling. Fun for the family and exciting for the juniors while forgiving enough for the newly initiated, the Hobie Wave is the ideal must-go-sailing-now catamaran.

#### Laser & Laser Radial

The 14' Laser is the most popular single-handed, one-design dinghy. The Laser class was built on the philosophy that the sailor wins the race, not the boat. The Laser Radial uses a smaller sail for smaller sailors who don't quite have the size to handle a full Laser rig.

#### **Hunter 216 Keelboat**

The 22' Hunter 216 features a large cockpit for maximum crew comfort and allows easy access to effortless hydraulic lifting of a 500 lb. keel. Due to fully booked scheduling, H216 keelboats are used in our youth outreach programs only.

## Maine Cat 30 Catamaran

"Sundance" serves as the flagship for use in our inner-city outreach programs and adult catamaran classes. This "outdoor classroom" was generously donated by CBC supporters who recognized the potential of the vessel to change the lives of CBC youth sailors.

# Misc. - Diverse, Donated Fleet

CBC continually updates our fleet. Boat donations to CBC's 501(c)3 non-profit program are tax-deductible to the extent provided by law.

#### How Do I Volunteer?

Contact the Director at 401-454-7245 or info@communityboating.com. Volunteers for Boards, programs and events are always welcome!

CBC is overseen by a volunteer Board of Directors dedicated to our mission and the sport of sailing. Boards/committees are comprised of industry leaders, CBC members, volunteers, parents, and others.

#### Sailing Volunteers/ Instructors

• We have a steady need for skippers for beginner & outreach classes.

#### Membership Outreach/ Reception

- Help with membership events for individuals, singles, and families.
- Help with data entry, application processing, and answering phones.

#### Fundraisers/ Writers

- Work with committees on initiatives to expand our programs.
- Help with newsletters, solicitation letters, and community outreach.

#### Teachers/ Program Leaders

Help develop specialty youth programs, curriculum, and activities.

#### Videographers/ Photographers

Capture the fun of our fundraising and youth events!

#### Boat Maintenance/ Groundskeepers

- Help us repair, wash, wax, and rig our fleet to Bristol condition.
- Help keep our building and site clean, (weeding, raking, etc.)

# What Items Or Services Can I Donate To CBC From Your Wish List? CBC is a qualified 501(c)3 organization. Your donations are tax-deductible to the extent allowable by law. Thank You!

# Boats, Equipment, Motors

- Pick-up truck for keelboat hauling
- Optis, 420's, DaySailers, Sunfish, Lasers, others
- Boston Whalers, HBIs, chase boats, etc.
- New PFD's (adult/ child), hand-held VHF radios
- Anti-fouling paint (blue) for entire fleet
- Anchors, bilge pumps, fenders, and fire extinguishers for powerboats.
- 25 hp Mercury outboards, batteries, trailers, 16' Carolina Skiffs
- Sails, fiberglass, rigging, and engine repair parts and services

#### Boathouse

- 30' x 40' commercial grade tent, bike racks, picnic tables
- Full size refrigerator, portable heat source, floor/window fans
- VHF radio, inverter, wind meter, barometer

#### Docks/ Pilings

- Bumper material or dock rollers for boat protection
- Electric service mounted to top of dock, lockable dock boxes

#### Food, Beverages, Entertainment

Snacks, meals, catering, music etc. to keep our crew energized

#### Instructional/ Classes

- Digital slide projector, video camera, dry erase boards, photocopying
- New buoys and tackle, loudhailer, binoculars, foul-weather gear

#### Supplies

- 4-stroke oil, 5200 sealant, acetone, Tyvek suits, rubber gloves
- Fiberglass resin, hardener, mat, cloth, filling compound, gelcoat
- Sandpaper, grinding/ sanding pads, rubbing compound, wax, rags
- Buckets, hoses/ nozzles, scrub/ paint brushes, stainless fasteners
- · Clevis/cotter pins, line, stainless wire, batten material, tiller extensions

# Tools and Equipment

- Air compressor, cordless drill/ tools, tool boxes, misc. hand tools
- Orbital sander, nicro-press tool, surface grinder

# Other?

- We are open to all donations that help support our outreach efforts
- Thank you!

# General Expectations/ Parent-Guardian Guidelines

#### **Expectations**

CBC has developed rules and procedures to help ensure a safe, rewarding, and fun learning environment. It is important that you review these rules. Appropriate behavior is expected at all times. Failure to observe the rules and procedures will result in sanctions that vary according to the nature of the infraction, but can include loss of sailing and/or paddling privileges and/ or expulsion. Verbal or physical abuse, or behavior that jeopardizes your safety or that of anyone else in the program, will result in a written warning. A second incident will constitute a brief suspension from the program. An additional incident will result in an extended suspension or dismissal from the remainder of the season without refund of tuition or membership fee.

#### Be Safe, Be Responsible

Sailing and paddling involve potential hazards inherent to all water sports. Anyone going out in a boat must understand the associated risks and assume full responsibility for their actions on the water. CBC staff has the right to limit any part of the program, or close it completely at any time, if the safety of members may be threatened. CBC also has the right to revoke any sailing, paddling, or membership privileges for violation of these rules. If you feel you have been treated unfairly, or that a staff member has shown poor judgment, you may discuss it later with him/her, the Director, or Board. At the time, however, you must comply with his/her request.

#### Plan Your Trip - Know Your Limits

CBC's location serves as an ideal geographical hub for expanding water-based activities that connect you to the environment. CBC is located in India Point Park, the apex of Narragansett Bay. Buffered by geographical land features of the upper bay, CBC enjoys unique protection from wind and wave action for small boats and is perfectly situated as a centrally located starting/end point for paddling trips.

CBC offers safe, fun, and viable paddling distances North/South to WaterPlace Park and West/East to the Seekonk River. Beginner paddlers and volunteers appreciate the convenience and safety of realistic paddling distances on weary arms, while seasoned paddlers can choose multiple trip options from a safe, convenient facility with launching docks, chase boats and trained staff. CBC paddle maps are available at the boathouse.

#### **Electronics**

Do not bring unprotected (non-waterproof) cell phones, electronic devices, cameras or valuables sailing or paddling. CBC is not responsible for lost, immersed, or stolen gear.

#### **CBC Equipment**

All equipment must be inspected prior to each sail or paddle. Familiarize yourself with wind and weather conditions and how your boat should be rigged to accommodate them. Please keep in mind the ever-present hazard of the swinging boom or paddle. Watch your head! Accidents or collisions resulting in damage/ injury must be reported immediately. You must also inspect your boat after sailing or paddling and report broken/ worn equipment. Do not drag sails or gear on the dock, floor, or grass. Boats must be bailed and free of litter.

#### Weather

Storms may approach very quickly up Narragansett Bay. Keep a close eye on weather conditions. If it feels as though a storm may be approaching, or the wind suddenly gets stronger, return at once. Always check weather conditions prior to leaving dock.

#### Concerns & Issues

The class Instructor or Dock Master should be your first stop for resolving most issues. He/ she is the day-to-day facilitator, and usually has the answer and ability to make decisions and correct problems. Serious concerns should be brought to the attention of the Program Coordinator. The best time to talk to the Instructor is at the end of class. If this is not convenient, please call and leave a message asking that someone follow-up with you.

#### Parent/ Guardian Involvement

We need your help to reinforce all the positive aspects of your child's experience at CBC. Talking with your child about his/ her class experience is a great opportunity to share newly learned skills and build a dialog that:

- Offers support and encouragement
- Reinforces learned skills
- Increases confidence and self-esteem
- Addresses problems or issues in a timely manner
- Allows you to share in the joy & thrill of learning to sail & paddle

Sailing and paddling are challenging sports that encourage and require a healthy lifestyle. Help us prepare your child for a full day on the water with these simple, important guidelines that will help sailors and paddlers alike to learn properly, and enjoy their experience: Please Bring:

- Good Health Don't come if you're sick
- Lifejacket USCG Type III (limited, assigned PFDs available)
- Backpack or duffel (labeled with name)
- Hand sanitizer
- Reusable water bottle filled (no plastic, single-use bottles!)
- Sunscreen (not to be shared)
- Healthy, non-perishable lunch (all trash is pack-in/pack-out)
- Closed-toe shoes (no bare feet or flip-flops)
- Sunglasses, hat, and other sun protection
- Layered clothes for cooler temperatures on the water
- Change of dry clothes and a towel
- Don't bring jewelry, electronics, or anything that you value
- CBC is not responsible for lost, immersed or stolen items

Daily Schedule	After-School	Summer
Attendance, land session, rigging	3:00* - 3:30	8:30* - 10:00
On-the-water instruction	3:30 - 5:30	10:00 - 12:00
Lunch	N/A	12:00 - 1:00
Specialized land session	N/A	1:00 - 1:30
Specialized on-the-water instruction	N/A	1:30 - 2:45
De-rig, debrief	5:30 - 6:00	2:45 - 3:00
Student pickup**	5:30* - 6:00	3:00* - 3:30

*Drop-off and pick-up times may differ as scheduled in class listing or custom group.

**Prompt pick-ups by an authorized parent/guardian only

#### **Expectations For Behavior**

CBC has developed rules and procedures to help ensure a safe, rewarding, and fun learning environment. It is important that you and your child review these guidelines. Appropriate behavior is expected at all times.

- 1. Listen to adults at all times.
- Use kind words.
- 3. Always stay in the cockpit or onboard while sailing or paddling.
- 4. No rough play! (It is unsafe.)
- 5. Be helpful to your crew (rigging and de-rigging the boat!)
- 6. Keep your hands in the boat and to yourself!
- 7. No throwing the gravel on the land.
- 8. Do not go onto the dock or boat without your life jacket.
- 9. Your life jacket must be zipped & clipped.
- 10. HAVE FÚN!

Verbal or physical abuse, or behavior that jeopardizes your child's safety or that of anyone else in the program will not be tolerated. Failure to observe rules & procedures will result in sanctions that vary according to the nature of the infraction, but can include loss of boating privileges and/or expulsion. All students will be accountable to the following three-step system:

- **Step 1** This step is a first warning. Parents will be notified of the incident and will receive a written note describing the details.
- **Step 2** At the second step, a discussion will be held with parents. The student will receive a brief suspension from the program. The student and parents will also be reminded that a third step could result in a suspension from the rest of the session.
- **Step 3** At the third step, a meeting will be called with the Director. The student will receive an extended suspension from the program, possibly suspension for the remainder of the session. You will not be refunded your payment in this situation.

#### **Recreational Boating Rules**

#### Wear Your Life Jacket & Shoes

Everyone is required to wear a personal flotation device (PFD) which is Coast Guard approved, the proper size for weight and build, and form-fitting and comfortable, as it will be worn at all times. Closed-toe shoes (no flip-flops) will also be worn at all times in boats and on the docks/site.

#### **CBC Sailing & Paddling Areas**

Separate areas have been designated for sailing and paddling at CBC. These activity-specific zones must be obeyed as marked on the CBC master chart. Members must be familiar with the local waters as there are many obstructions to contend with. Feel free to ask a staff member if you are not sure of open sailing or paddling areas. Boating time may be restricted upon demand - maximum limit upon restriction is two hours.

# Open, Recreational Sailing & Paddling Use

Instructional programs have priority for boat use. Members may use boats not used in classes during open boating hours per staff approval. Use of a jib on any boat requires two (2) sailors for weight distribution and control. We encourage you to sail with other family members or friends to build a community of networked sailors. Family/friend sailing guests (number appropriate for boat type) may join you for FREE. Members & (1) guest may use up to two (2) kayaks per visit.

#### **On-the-Water Evaluation**

A checkout test is required of all members to participate in recreational sailing and paddling. Members taking courses will learn the skills required for this evaluation. You will only be allowed to use the boat you have been pre-qualified in. Keelboats are not available for recreational use. Scheduled classes and private instruction are available to teach the proper skills required to handle each class of boat at CBC.

#### Guests

Qualified adult members may take out family/friend guests (age 5+) as often as they like at no charge provided boats are available. There must be a qualified adult member in each sailboat, or within immediate reach of each kayak. Each member and guest must sign the sign-out sheet. Members are responsible for their guests and for their safety. It is the obligation of members to know emergency procedures and to ensure that his/her guests are familiar with them prior to sailing or paddling.

#### Watch the American Flag

Beginners are required to stay within sight of the American flag at all times. In an emergency or should weather conditions deteriorate, the flag may be lowered to half-mast. You must return to the dock immediately if the flag is lowered to half-mast! CBC staff may revoke membership privileges or limit participation for violation of this very important rule.

#### Green/ Red Flag

A green flag indicates no restrictions are present and members may sail or paddle according to the level & boat they have previously qualified in.

A red flag indicates that there are restrictions currently present due to weather or equipment limitations. Each member must check the posted restrictions prior to sailing or paddling. Less experienced members may not be permitted to sail or paddle on some red flag days. Common restrictions include cancellation due to high wind or waves, or limits to the open boating areas due to weather or boat traffic.

#### Right Of Way - 50 Yard "Big Boat" Buffer Zone

Large motorboats (tankers, ferries, ships, etc.) limited in maneuverability always have the right of way. Give all ships a 50-yard min. buffer zone. Avoid collisions! Sailboats on port yield to starboard, windward yields to leeward, overtaking yields to overtaken. Avoid boats having trouble. Yield to fast rowing shells that are hard to see, and may not see you.

# **Miscellaneous Rules And Procedures**

- No swimming or landing at other docks or shore.
  Stay clear of CBC dock when boats are landing.
- Do not litter the property, dock, boats, or river.
- Alcohol, controlled substances, and smoking are prohibited.
- No bikes, rollerblades, or pets are allowed near docks/ building.

#### Sailing Specific Tips

#### **Running Aground**

Stay in the boat! There are many underwater obstructions that you cannot see near shore. Some can cut right through your shoes. Raise your centerboard, lower your sail, or remove your rudder to free yourself from the obstruction. Give all shorelines a 50-yard min. buffer zone.

#### Man Overhoard

If anyone falls out of the boat, watch his/her position constantly and return to pick him/her up immediately. It is difficult to find a person in the water once you have lost sight of him/ her.

#### Capsizing

Stay with the boat! Current can be very strong making swimming difficult. Do not try to swim to shore. All boats have flotation and won't sink even when full of water. Don't stand on top of a capsized boat, as your weight may force the mast into the mud. Speed is the key to recovery success.

#### Top Ten CBC Paddling Tips

#### One - ALWAYS Wear Your Life Jacket

Wear a properly fitting U.S. Coast Guard-approved life jacket at all times.

#### Two - Don't Drink While Paddling

Avoid alcohol – it impairs coordination and balance you need for control.

#### Three - Stay Low

Learn how to enter/exit your boat/board safely & stay low when possible.

#### Four - Keep Your Balance

Don't overload boat/board. Distribute passengers & gear evenly & low.

#### Five - Practice the Wet Exit (kayaks)

Learn how to get out of, hang on to, right, and re-enter a capsized boat. The best self-rescue technique for sit-on-tops is BBF- Belly, Butt, Feet. Pull the kayak under you, and stabilize yourself on the kayak: first on your belly, then your butt, and finally your feet.

#### Six - Don't Get Left in the Cold

Dress for the weather conditions and be prepared for coldwater immersion. Hypothermia is a danger any time of year.

#### Seven - Plan Ahead

Know the water you're paddling, plan your day of paddling, and file a "float plan" so we know where to find you and when you plan to return.

#### **Eight - Never Paddle Alone**

Companions can come to your aid if you get in trouble. New paddlers should paddle with someone more experienced — it's a great way to learn and remain safe if there's a mishap.

# Nine - Be in Command

Know how to move your boat/board forward, back, & sideways, & how to stop using paddle strokes. Watch ahead for hazards like undercut rocks, bridge pilings, large branches and trees, big drop-offs, or other boats.

## Ten - Learn About Your Boat/Board

Know your skill level and avoid weather or water conditions that exceed your skill. Consider taking a kayak or paddleboard safety class.

# **Miscellaneous CBC Paddling Tips**

- Constantly scan for potential hazards and changing weather.
- Set a reasonable pace so everyone can stay together.
- Recognize when members of your group are tired or having difficulty and adjust pace accordingly.
- Look out for everyone in the group. Designate a "sweep" boat/board to bring up the rear & make sure you don't lose stragglers.
- Communicate effectively on the water. Wind and water sounds can make hearing others difficult. Whistles and hand signals can help.
- Always be prepared for the unexpected flip or dunk.
- Sun and wind can be very dehydrating make sure you drink water.
- Have Fun!



Community Boating Center, Inc. PO Box 5849 Providence, RI 02903

2024 Registration **Materials Enclosed** 

Nonprofit Org U.S. Postage PAID Providence RI Permit No. 30



COMMUNITY BOATING CENTER

INDIA POINT PARK, PROVIDENCE

accessible and affordable to everyone while encouraging environmentally appropriate use of upper Narragansett Bay. Rhode Island's rich seafaring tradition by

**Community Outreach, Sailing Lessons, Affordable Access** 



# COMMUNITY BOATING CENTER

INDIA POINT PARK, PROVIDENCE

# 2024 Annual Membership & Class Registration Form

Registration: (circle) Youth Adult Group Sailorship	Membership: (a	ge 8-16)	\$25
Group/ School: (if applicable)		-day sailing, or up to 2 kayaks/da	
(ii applicatio)		8+, unlimited FREE sailing/kayal	
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# **Waiver of Liability**

In accordance with Section 7-6-9 of the General Laws of Rhode Island, I (or as parent/guardian of listed minor) hereby waive and release any and all right and claim for damages that I (my child) may have against Community Boating Center, Inc., hereinafter "CBC", its officers, directors, agents, servants and employees for any and all injuries suffered by me (my child) at any event or while practicing for or participating in any event or while traveling to or returning from any event sponsored by CBC. I further agree that I (my child) will abide by the rules of CBC. I acknowledge that participation in the sport of sailing & paddling or in any regatta or event sponsored by CBC may involve substantial risk of personal injury or even death, and I hereby assume the risk of any such injury to my (his/her) body arising while practicing for or participating in any event sponsored by CBC and forever give up and relinquish any claim for liability against CBC, its officers, directors, agents, servants and employees that I (my child) may have by reason of participating in such event. As consideration for my (my child's) participation in any event sponsored by CBC, I hereby agree to indemnity and hold harmless CBC for any damage which I (my child), my (his/her) boat/board or my (his/her) crew may cause to any boat/board or equipment, whether owned outright by CBC, leased, or borrowed for the purposes of this event or program. I understand that in entering this CBC program I (my child) agree(s) to obey all program rules as set forth by the Director and the Instructors; that I (he/she) will use utmost care in the use of the boats/boards and equipment, and that I (he/she) will not engage in any harmful actions or other disruptive behavior. I understand that failure to attend regularly, arrive promptly, and abide by the rules may result in my (my child's) suspension from the program. I agree to assume the obligation for the expenses of repair and/or replacement of program equipment that is attributable to my (my child's) reckles

I understand that I (my child) am (is) required to wear a personal flotation device, "PFD", which is Coast Guard approved, the proper size for my (his/her) weight and build, and form-fitting and comfortable, as I (he/she) will be wearing it at all times during program involvement. Protective clothing and thermal layering appropriate to the boating conditions are also my responsibility and are a requirement for participation in this program. Shoes will also be worn at all times, both in boats and on boards/docks and site. I certify that I (my child) am (is) a competent swimmer, that I (he/she) can tread water in full clothing, and that I (he/she) am (is) comfortable with the use of a personal flotation device "PFD" in or on a boat/board and in the water. I understand that CBC hereby disclaims any liability associated with these risk factors.

I understand that my (my child's) registration information will be kept in an online tracking system to help providers arrange transportation to programs, take attendance, and know where students are scheduled to be and that this information will be shared with various program partners. I hereby grant to CBC, permission to release records which contain my (my child's) personal information and to share these records and the information contained therein with various program partners. I further hereby grant permission to conduct and publish surveys distributed to me (my child), and to use information acquired thereby, for feedback/suggestions on programming and other legitimate purposes of CBC and program partners.

I (we) agree to comply with CBC social distancing and other COVID-19 safety protocols, and acknowledge that failure to comply could result in suspension or termination from the program.

I (we) have read the CBC Rules & Procedures and I (we) agree to abide by them. I also understand that there are certain risks associated with sailing and water activities. I agree to assume all risk of harm that may befall me (my child) as a result of participating in CBC activities or using CBC equipment including direction from and participation of CBC personnel, directors, board members, or others acting on my (his/her) behalf. Moreover, I agree that if the CBC Director or designee determines that I (my child) have (has) not abided by the club regulations I (he/she) may be barred from using the CBC facilities and I will not be entitled to any refund of monies paid toward lessons, dues or participation. I have read and understand the above and sign this of my own free will and desire.

Name:

Date:

X Signature: (parent/guard. if <age 18)

Consent for Me I hereby give my consent (or as parent/legal guardian) for minor first-aid/CP Medicine or Doctor of Dentistry. This care may be given under whatever cor	
X Signature: (parent/guard. if <age 18)<="" td=""><td>Date:</td></age>	Date:
Name of Primary Doctor:	Phone:
Name of Primary Dentist:	Phone:
Insurance Carrier:	Policy Number:
Allergies to Food or Drugs: (circle/ fill-in) Yes No	Explain:
Special Medication or Info: (circle/ fill-in) Yes No	Explain:

# **Photo Release**

I hereby grant permission to Community Boating Center, Inc., hereinafter "CBC", or assigned "Photographer" the irrevocable right and unrestricted permission with respect to photographic images taken or may be taken of me (my child) at the CBC or any other location, on boats/boards or docks/land, or in which I (my child) may be included with others, to use and/or publish individually or in conjunction with any printed matter, in any and all media, now or hereafter known, and for any legal purpose whatsoever, including, but not limited to print media and distribution over the internet for illustration, promotion, art, exhibition, publication, advertising and trade. Furthermore, I consider CBC the sole and complete owner of any such photographs. I warrant I have the right to authorize these uses and hereby agree to hold CBC and assigned Photographer harmless of any and all liability in perpetuity.

X Signature: (parent/quardian if <age 18<="" th=""><th>Date:</th></age>	Date:

## Reservation - Thank You!

Register and pay online: www.communityboating.com

or

Mail a check and completed form to: "Community Boating Center" P.O. Box 5849, Providence, RI 02903

Call 401-454-SAIL (7245) for credit card payment